



5 FINGER PRAYER

by Pope Francis

**FOR OUR
LEADERS**

3

The following finger is the tallest. It reminds us of our leaders, the governors and those who have authority.

**FOR THE ONES
THAT TEACH US**

The next finger is the index. Pray for those who teach you, instruct you and heal you.

2

**FOR THE SICK
AND WEAKEST**

The 4th finger is our weakest finger. It should remind us to pray for the weakest and the sick.

4

**FOR THE
ONES WE LOVE**

The thumb is the closest finger to you. Start praying for those who are closest to you.

1

FOR YOURSELF

Finally we have our pinkie finger, the smallest of all. It should remind you to pray for yourself.

5